

# MORE ABOUT YOU.™

Ask these questions at your next appointment

## Your thyroid nodule diagnosis experience is all about you.

By being prepared and understanding the diagnosis process, you can be your own best advocate.

Remember to **ask for the Afirma test** before your fine needle aspiration (FNA) biopsy so that you and your doctor can get clear answers, right from the start. If your healthcare provider is not familiar with the Afirma test, you can use the **FIND A DOCTOR** tool.

Use the questions below to guide your discussion during each of your appointments.



### INITIAL CONSULTATION

- Q What are my next steps in diagnosis?
- Q Will I need an ultrasound and/or an FNA biopsy?
- Q Do you use the Afirma test with your FNA biopsies?

#### MORE INFORMATION ⓘ

You may have found out about your thyroid nodule from a primary care physician or a specialist (endocrinologist, ENT, etc.).



### ULTRASOUND

- Q How many nodules do I have and what are their characteristics?
- Q Will I be having an FNA biopsy and if so, how quickly can I schedule it?
- Q What information will the FNA biopsy provide?
- Q It is important for me to gather all possible information. Can we plan for the Afirma test now?

#### MORE INFORMATION ⓘ

Your ultrasound may be done at the same time as an FNA biopsy, and can be performed by your specialist or an ultrasound technician. While these procedures are routine to these healthcare providers, they may be totally new to you. Asking questions before and during the procedure can help you better understand what to expect.



### FNA BIOPSY

- Q What can I expect during the procedure?
- Q Can we prepare to do the Afirma test during this FNA biopsy?
- Q When and how will we discuss results?

#### MORE INFORMATION ⓘ

Your FNA biopsy may be performed by your thyroid nodule specialist or at a separate facility. During this time, it is normal to feel anxious. It is important to ask questions leading up to the FNA biopsy so you can collect as much information as possible.